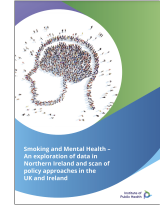


## Northern Ireland

Our Plan: Doing What Matters Most



Smoking and Mental Health – An exploration of data in Northern Ireland and scan of policy approaches in the UK and Ireland



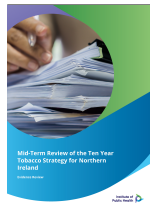
Ten year tobacco control strategy for Northern Ireland



Stop Smoking NI  
[www.stopsmokingni.info](http://www.stopsmokingni.info)



Mid-Term Review of the Ten Year Tobacco Strategy for Northern Ireland



NI Audit Office Report - Tackling the Public Health Impacts of Smoking and Vaping



## Scotland

ASH Scotland's Closing the Inequalities Gap report.



ASH Scotland schools tobacco & vaping policy



**Cost of Living/Cost of Smoking: A Demonstration Study of Cooperative Action Learning to Understand and Address Smoking in Deprived Communities Within the Cost-of-Living Crisis**  
Used a method developed for over 16 years with marginalised communities in S Africa. Community participants found the participatory approach empowering and good for mental health and wellbeing.



**WHO first clinical treatment guideline for tobacco cessation in adults.** This guideline (issued July 2024) provides recommendations on the use of behavioural support, delivered in both clinical and community settings, including: digital tobacco cessation interventions, pharmacological interventions, and system-level interventions and policies to enhance the adoption and implementation of tobacco cessation interventions. E-cigs are not currently included as the evidence remains not strong enough to recommend.