Ageing and Public Health

An overview of key statistics in Ireland and Northern Ireland

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Overview

Demographics of ageing in Ireland and Northern Ireland

Chronic conditions and ageing

Socio-economic inequalities in ageing in Ireland and Northern Ireland
# Key Data Sources

<table>
<thead>
<tr>
<th>Ireland</th>
<th>Northern Ireland</th>
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<tbody>
<tr>
<td>CSO</td>
<td>NISRA</td>
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<td>Eurostat</td>
<td>Office of National Statistics</td>
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<td>Healthy Ireland</td>
<td>Health Survey Northern Ireland</td>
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<td>TILDA</td>
<td>NICOLA</td>
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<td>HAPAI</td>
<td>Disease Registers</td>
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<tr>
<td>Department of Health</td>
<td>Department of Health Northern Ireland</td>
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NB. Comparisons between data from Ireland and Northern Ireland must be treated with caution due to different methodologies, survey questions, sample sizes.
Figure 1: Projected number of people aged 65+, thousands, 2019-2051

Source: CSO, 2018; CSO, 2019a¹; NISRA, 2019
Life Expectancy at birth

NORTHERN IRELAND

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<thead>
<tr>
<th></th>
<th>Male</th>
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<tbody>
<tr>
<td>Male</td>
<td>78.7</td>
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<td>Female</td>
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Source: DOH NI, 2019a

LIFE EXPECTANCY

IRELAND

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<tr>
<td>Male</td>
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<td>80.4</td>
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<tr>
<td>Female</td>
<td>84</td>
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Source: Eurostat, 2017a
Longterm limiting conditions by age, ROI and NI, %

Source: ROI EU-SILC Eurostat 2017; NI DOH 2020a
Inequalities and health, ROI

• In ROI 43% of people aged 65+ in the lowest income group have a health-related limitation compared with 16% of those in the most affluent group. (EU SILC 2017)

• In ROI 27% of professionals aged 65+ have a disability compared with 42% of unskilled workers (CSO Census 2016)
Longterm health-related limitations by income, ROI

Figure 8. Long-term health limitations by income quintile for people aged 65+, ROI 2017, (%)

Source: Eurostat EU SILC, 2017
Inequalities and health, NI

• In NI, 60% of those aged 65+ in the most deprived areas have a longterm limiting condition compared with 41% in the least deprived areas. (DOH NI, 2020)

• In NI, 23.5% of those aged 50+ in most deprived areas have a limitation in activities of daily living (ADLs, eg washing, dressing) compared to 10.8% in least deprived areas (NICOLA, 2017)
Northern Ireland – long-term health limitation by deprivation quintile

Figure 10: NI people aged 65+ with a long-term health limitation by deprivation quintile, 2018/19, (%)

Source: Department of Health NI, 2020a\textsuperscript{9}
Life expectancy gap between most and least deprived areas NI 2016-18

NORTHERN IRELAND

M 7.1 years
F 4.4 years

Source: DOH NI, 2020b
Life Expectancy gap between most and least deprived areas ROI (CSO 2016-17)
Gap in disability free life expectancy between most and least deprived areas NI, 2016-18.

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Male: 14.5 Years

GAP IN DISABILITY FREE LIFE EXPECTANCY

Female: 13.9 Years

Source: DOH NI, 2020b
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