

Physical Activity and the Pandemic: Lessons for older adults and health professionals

Thursday October 22nd at 10.00am – Programme

10.00am	Welcome and introduction Prof. Roger O' Sullivan Institute of Public Health
10.05am	Ministerial welcome Minister Frank Feighan TD Minister for State at the Department of Health with responsibility for Public Health, Well Being and the National Drugs Strategy
10.15am	My experience of physical activity <i>Evelyn Gourley</i>
10.20am	Physical activity for older adults in the Covid-19 pandemic and beyond <i>Prof. Adrian Bauman</i> <i>University of Sydney, Australia</i>
10.40am	Translating physical activity guidelines for older adults: Bridging the gap between theory and practice <i>Prof. Dawn Skelton</i> <i>Glasgow Caledonian University</i>
11.00am	Lessons from the Get up, Get dressed, Get moving campaign <i>Deirdre Lang</i> <i>Director of Nursing, National Clinical Lead: Programme for older people</i> <i>Health Service Executive</i>
11.20am	Discussion panel chaired by Prof. Roger O' Sullivan
11.50am	Concluding remarks and close by Prof Roger O'Sullivan
11.55pm	Close